



2021

ANNUAL REPORT



**ALTERNATIVE THERAPEUTIC
PROGRAM FOR ADDICTED
INDIVIDUALS "ARGO"**

GENERAL HOSPITAL "G. PAPANIKOLAOU"

ORGANIC UNIT PSYCHIATRIC HOSPITAL OF THESSALONIKI

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This edition is based on data and reports from all sectors of the "ARGO" .

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CONTENTS

1 / BRIEF PRESENTATION

A brief presentation of ARGO's philosophy and principles

2 / SERVICES

A brief presentation of all services

3 / REPORT

Annual report of services and activities

4 / ANNEXES

Annexes with the full report data



FOREWORD

It is with great pleasure and honor that we present the publication of the annual report of the Alternative Program for Addicted Individuals "ARGO" for the year 2021. The annual and public edition of the annual report of "ARGO" is a pioneer project in the context of the health services of the National Health System, starting in 2014. The edition records in just a few pages the entire range of services and activities of "ARGO" for the year 2021 and presents the qualitative and quantitative data concerning the recipients of the services offered by the Program.

If 2020 was the year of shock with the appearance of the coronavirus, 2021 was the year we learned to live with it, as well as with the necessary health measures aimed at limiting its spread. The attempt to adapt to these new conditions with the use of digital means of communication in the therapeutic procedures, but also the re-start of the services in person, were the big bets of the year, especially for the ambulatory addiction services, such as ARGO, which were more affected by the health measures for the confinement of the virus.

Among the data that was recorded and analyzed in the 2021 report, it is important to notice the 7% increase in the attendance of beneficiaries in the services of the Program, but also the significant decrease of 9% in the attendance of people in the family services, that seems to have been more affected by the restrictive measures. An important element is the 80% satisfaction rate of the beneficiaries, for the treatment they received in ARGO for 2021 based on the Treatment Perception Questionnaire, which seems to reward the readiness, flexibility and choice of the Program to adapt its operation in order to respond to the emergency conditions during the long periods of lockdown.

The choice to modify the daily operation of the therapeutic program was based on the instructions of the national and European authorities, with the aim of both ensuring the continuity of services for the beneficiaries, as well as the simultaneous respect for the sanitary restrictive measures and protocols, a function which is described in detail on the pages of this report.

In addition, in this special year of 2021, we had the pleasure of starting the substantial implementation of two (2) actions financed by the OPERATIONAL PROGRAM "CENTRAL MACEDONIA 2014 - 2020" Priority Axis 4 "Promoting social inclusion and combating poverty - EKT" , co-financed by the European Social Fund.

The first one is titled "Intervention program for adolescents and young people with problematic use of legal and illegal substances and addictive behaviors". This new service deals with addictions by any legal or illegal substance, as well as addictive behaviors (internet, gambling, social media, gaming) and offers its services to both teenagers and young adults and their families. A service that the city of Thessaloniki needed, due to the small supply of services for this particular population group.

The second one, is titled "Supporting the Employability of formerly Addicted Persons". A new Social and Psychological Support service was created, with an emphasis on the education and employability of independent persons. A service that aims to offer vocational training, apprenticeship and certification of the educational process in question, as well as employment to formerly addicted persons. The above goal has always been a demand of addiction programs, but it is turning into a dominant and central goal of the Program in the current socio-economic conditions.

The report is issued again this year in printed form in limited copies and is always accessible and available in electronic form from the Program's website (www.argothes.gr). This effort could never have been completed without the daily, tireless and systematic recording and work of the staff, volunteers, friends and families of "ARGO", who we want to thank warmly. All together we stand as helpers and fellow travelers in the effort of the people who approach the Program, the members of the Program, who are fighting for life in an unfavorable economic, social, but also health situation.

The Scientific Director,
Stelios Gkoizepas
Clinical Psychologist

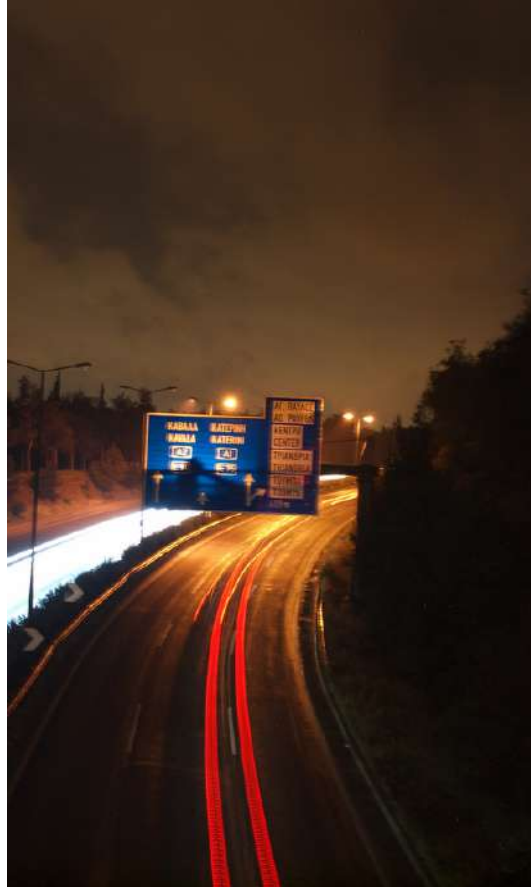


2021 IN SUMMARY

321 BENEFICIARIES
IN THE
THERAPEUTIC
SERVICES OF
"ARGO"

185 BENEFICIARIES
IN THE FAMILY
SERVICES

80% THERAPY
SATISFACTION



**13
MONTHS**

AVERAGE
DURATION OF
STAY IN THERAPY

7%

INCREASE IN
PEOPLE WHO
APPROACHED THE
THERAPEUTIC
SERVICES

9%

DECREASE IN
PEOPLE WHO
APPROACHED THE
FAMILY SERVICES

BRIEF PRESENTATION

/WHO ARE WE

/PHILOSOPHY

/THERAPEUTIC GOALS

/COLLABORATIONS - INTERNATIONAL
RELATIONS





WHO ARE WE

“ARGO - Alternative Therapeutic Program for Addicted Individuals” is a non Residential, drug-free therapeutic program. It pertains to the Greek National Health System and, specifically, to the General Hospital of Thessaloniki “G. PAPANIKOLAOU” - Organic Unit Psychiatric Hospital of Thessaloniki. It deals with any kind of dependency from illegal drugs (heroin, cocaine, cannabis, stimulants etc.) and other addictive behaviors (internet addiction, gambling, prescription medicine etc.), offering its services free of charge to adolescents and young adults from 12 to 21 years old, as well as adults.

It is the 1st Program providing ambulatory (non residential) therapy to individuals in Thessaloniki and it was founded in May **1998**.

It is an officially approved Rehabilitation Program, by OKANA (Organization against Drugs) and by the Ministry of Health (under Law 2161/93 Article 6)

Services are provided **free of charge**

Services are provided without any kind of discrimination, regardless of race, beliefs, creed, sex, nationality, sexual preferences, physical disabilities, political tendencies, criminal record or financial status

“ARGO” does not dispense any kind of substitutes during the therapeutic procedures.

The addict is not treated as a patient, but as a person who is encouraged to assume their responsibilities, to adapt a new way of life and behavior and a new value system in order to live a life free from any kind of dependency.

PHILOSOPHY

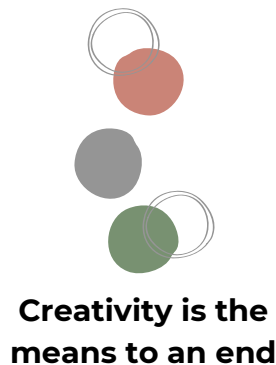
COLLECTIVITY - CREATIVITY- PERSONAL FREEDOM

The program's philosophy is based on three fundamental principles: personal freedom, collectivity and creativity.

Collectivity is the prerequisite

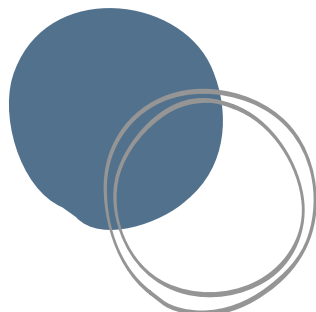


It offers the social conditions to exercise personal freedom.



It exists in terms of personal freedom and collectivity, in all aspects of life, with an emphasis on personal life and work.

Personal freedom is the ultimate goal



The free and unfettered meeting with the "other". Personal freedom is not an individual characteristic, but instead collectivity is a necessary condition for it.

THERAPEUTIC GOALS

Qualitative, specialized, complete and contemporary ways of drug addiction therapy

Psychological rehabilitation

Behavioral change (change of lifestyle and behaviors)

Cessation of delinquent behaviors

Reinforcement of Social skills

Management of free time

Alternative ways of expression and communication (non-verbal communication)

Treatment of the psychobiological dimension of addiction

Vocational training and apprenticeship

Legal support

Cooperation with the families and significant others

COOPERATIONS — INTERNATIONAL RELATIONS

"ARGO" is a member of:



European Federation of Therapeutic
Communities (EFTC)
www.eftc-europe.com



ECett - European Companionship in
Education, training by travel
www.ecett.eu

In addition, "ARGO" has twinned with the Programs:



Herzogsägmühle
www.herzogsaeigmuehle.de



Haus Röhling
<http://www.haus-roehling.de>

"ARGO" holds a permanent collaboration with University departments, offering high quality education and internships to young social scientists:

- Department of Psychology AUTH, undergraduate and postgraduate program of the Department of Psychology AUTH
- Department of Psychology, Rethymnon University of Crete, undergraduate department
- Intra-Institutional Postgraduate Program "Criminal Law and Addiction", Department of Law, AUTH. and the University of Nicosia in collaboration with KETHEA
- Department of Law of DUTH.
- Department of Social Administration, DUTH.
- Department of Social Work TEI Of Crete
- Department of Social Work, TEI of Patras
- Department of Occupational Therapy TEI Athens
- Department of Physical Education and Sports Science, AUTH
- School of Fine Arts - AUTH.

Collaboration with
NGOs:



Member of the
networks:



Addiction Prevention
and Therapy Network of
Thessaloniki



Co-Operation for Work

SERVICES

- / COUNSELING AND INFORMATION CENTER
- / PROGRAM FOR TEENS AND YOUNG ADULTS
- / NON RESIDENTIAL THERAPEUTIC COMMUNITY
- / DUAL DIAGNOSIS UNIT
- / PROGRAM FOR EMPLOYED PEOPLE
- / SOCIAL REINTEGRATION UNIT
- / RELAPSE PREVENTION AND AFTERCARE
- / FAMILY SERVICES
- / SCHOOL UNIT
- / EMPLOYMENT OFFICE
- / EDUCATION-RESEARCH-SUPERVISION
- / EUROPEAN-NATIONAL PROJECTS
- / ARGO SOCIAL ENTERPRISE
- / ASSOCIATION FRIENDS OF ARGO



COUNSELING AND INFORMATION CENTER

Integration procedures:

Voluntary attendance - 1st contact, within
24 hours from the first communication -
Completion of TDI questionnaire /
Treatment Demand Indicator -
Completion of EuropASI questionnaire /
Addiction Severity Index- Assessment /
Therapeutic plan - Mental health checkup
- Motivation research - Guidance on
medical insurance issues - Medical
examinations for infectious diseases -
Physical detoxification counseling /
provision of opiate competitors on request
- Information and guidance on personal
hygiene and infectious diseases

The Counseling and Information Center is the entry “gate” of “ARGO - Alternative Therapeutic Program for Dependent Individuals”.

The first contact can be made after a single phone call. The first appointment takes place within 24 hours after the phone call. There is no waiting list. The Counseling and Information Center's facilities are in the city center.

Each person's stay at the Counseling and Information Center is proportional to their addiction recovery process. After an assessment of their needs, the person is referred to the appropriate service where the main phase of addiction therapy takes place.



PROGRAM FOR TEENS AND YOUNG ADULTS

The Intervention Program for teenagers and young adults is a new service of "ARGO" that started its operation in 2021. It is a drug-free, non- residential (ambulatory) therapeutic program, in which the adolescent is encouraged to take responsibility, adopt a new way of life and behavior, as well as a new value system with the aim of a new life, free from all kinds of dependence.



The Program for teenagers and young adults is financed by the OPERATIONAL PROGRAM "CENTRAL MACEDONIA 2014 - 2020" Priority Axis 4 "Promoting social inclusion and combating poverty - EKT", co-financed by the European Social Fund.

It deals with dependency to any legal or illegal substance, as well as addictive behaviors (internet, gambling, social media, gaming) and offers its services to both teenagers and young adults and their families.

The services it provides are:

- Assessment and Evaluation
- Individual and Group Sessions
- Family Counseling
- Counseling services and psychosocial support
- Non-residential Therapeutic Community for Adolescents and Young Adults
- Follow up/Aftercare
- Referrals and networking with services
- Cooperation and networking with formal and informal education and child protection agencies
- Development of a Mobile Application for the self-assessment of Use
- Interventions and activities in the Community
- Entertainment, Artistic, Sports Activities



NON RESIDENTIAL THERAPEUTIC COMMUNITY

The basic rules of the Open Therapeutic Community prohibit:

- the use of psychoactive substances and the exercise of addictive behaviors (alcohol, gambling, Internet addiction, etc.).
- the exercise of verbal and physical violence and finally,
- they define a series of rules for coexistence and cooperation

Participation in the Non Residential Therapeutic Community is voluntary and based on the active participation in the daily program which is the basic prerequisite for the successful outcome of the treatment

The Non Residential Therapeutic Community is the central phase of addiction therapy and has a duration of 12 months. The majority of the therapeutic activities are performed in group settings.

Services are provided from Monday to Friday from 09:00 to 20:00. During these hours a variety of therapeutic groups and services are provided that emphasize both on verbal and non-verbal communication.

The Non Residential Community of "ARGO" offers 18 different types of therapeutic groups (see APPENDIX 5-THERAPEUTIC GROUPS "ARGO"), which makes it one of the most comprehensive, modern and specialized addiction therapy programs at European level. In addition, these therapeutic groups have been included in the good practices database of the European education network ECETT, where they have received in their majority very high grades (see ANNEX 7-ECETT GOOD PRACTICE DATABASE).



DUAL DIAGNOSIS UNIT

The main objectives of the Dual Diagnosis Unit are the following:

- Effort to reduce and / or stop substance use. If this is not immediately possible, effort is made to manage the use so that it has the least possible impact on the individual's daily life.
- Effort to manage the symptoms of the mental problem by cooperating with the individual's psychiatrist or with a psychiatrist provided by the program.
- Adjust and / or stop medication (when possible)
- Motivation in the areas of daily life and effort to change relationships with significant others.

The number of addicts experiencing a serious psychiatric problem parallel to their addiction has been increasing in recent years. At "ARGO" the effort to deal with this dual problem, focuses on the individualized - personalized approach and therapeutic planning, in addition to group therapeutic activities.

The Dual Diagnosis Unit of "ARGO" develops a series of services ranging from harm reduction to detoxification. Depending on the course and management of the psychiatric problem, the individual may be referred to other services of the Program (eg Non Residential Therapeutic Community).

In "ARGO's" Dual Diagnosis Unit two-hour groups are held twice a week, individual meetings once per week, as well as support for families and significant others. In addition, a series of external activities are carried out to support the social integration of the beneficiaries.



PROGRAM FOR EMPLOYED PEOPLE

Inclusion criteria:

- Employment contract and salary certification
- Full time job
-

Groups Thematic:

- Retrospection and preparation of the weekend (Friday - Saturday- Sunday)
- Management of cravings
- Relationship management in the family, friend and work environment
- Taking personal responsibility
- Management of free time and daily life
- Reinforcement and redefinition of initial motivation

A significant number of users, who despite their use manage to meet their work obligations, find it difficult to join the Non Residential Therapeutic Community of "ARGO" due to their work commitments, creating the need for a service adapted to their needs.

To support these people, a new service was developed in which two-hour groups are held with a frequency of 2 times a week as well as an individual meeting weekly.

In addition to cessation of use, the member's consistency, participation, and willingness to cooperate within and outside of groups are examined.



SOCIAL REINTEGRATION UNIT

Understanding the difficulties of returning to society, from which most of the members were violently expelled because of their use, the program tries to offer support in social reintegration.

The members try to handle, with the support of the Social Reintegration staff, issues or problems which may occur during their everyday life. The main goal during this phase is for each member to function as an equal member of the society.

The Social Reintegration Unit, which is the last phase of the program, includes all members who successfully complete one of the above three main phases of the treatment process (Non Residential Therapeutic Community, Dual Diagnosis Unit, Program for Employed People).

The Social Reintegration Unit offers the following services :

- Psychosocial support group, with two 2-hour meetings per week.
- Physical activities
- Cultural activities

Therapy in the Social Reintegration Unit can last from 9 to 15 months (always offering individualized intervention, depending on each member's progress).



GUEST HOUSE

- Members who do not live in Thessaloniki and have difficulties in finding their own residence
- Members whose everyday co-existence with their family creates problems in their personal development and their therapeutic process
- Members who have completed the program and deal with serious financial problems, until they can find a job

The maximum duration of stay in the guest house is 9 months.

PRE-VOCATIONAL TRAINING

In the field of Pre-vocational training there are educational and professional workshops in the following fields:

- Educational organic farm of approximately 2 acres with professional 100m² greenhouse, with emphasis on organic crops and aromatic plants.
- Collection, reuse and resale of used items of any kind.
- Cleaning services in cooperation with the cleaning services of the Psychiatric Hospital.
- Educational carpentry workshop 80m², with emphasis on the manufacturing of wooden toys and restoration of furniture.
- Recycling, mainly paper from offices within the Psychiatric Hospital of Thessaloniki, but also other facilities such as printing houses, photocopiers, banks etc.
- Technical repairs group, which contributed to the reconstruction and maintenance of the new facilities of the program.



RELAPSE PREVENTION & AFTERCARE UNIT

The Relapse Prevention & Aftercare Unit are two important services that "ARGO" has been systematically developing in recent years and are offered to people who complete their addiction therapy.

These services have a dual purpose. The first goal is the prevention and/or treatment of relapse and the management of diversion and consequently the prevention of their return to a therapeutic program, a phenomenon inherent to addiction.

The second goal is the long-term support of dependent people in legal, educational and professional matters. The long-term involvement of the members with legal issues, the serious deficits in their educational situation and the meager professional knowledge and skills, consequences of the period of use, require a long-term support with the aim of reversing these conditions and forming new conditions for the smooth and substantial integration into society.



FAMILY UNIT

The Alternative Therapeutic Program for Addicted Individuals "ARGO" cooperates with the families and important persons of its members on three levels:

- Individual sessions, counseling and support for all family members and significant others
- Parent groups, with a goal to support their role and to understand the connection between addiction and family relationships
- Family therapy groups, based on Systemic Approach and Therapy having as goal the reconstruction of the relationship between all family members and the redefining of the former addict's role in the family.

INDIVIDUAL SESSIONS AND SUPPORT MEETINGS FOR THE FAMILY MEMBERS AND SIGNIFICANT OTHERS

Addresses parents, children and significant others who play a major role in the rehabilitation of "ARGO"'s members.

FAMILY THERAPY MEETINGS

An interdisciplinary group of family therapists based on the principles of Systemic Approach and Therapy, works with the family and the member during the rehabilitation process. The main goal is the renegotiation of the family's relationships and the member's role in this family.



OPEN PARENTS GROUP

Special support is offered to the parents of those people who do not wish or are not able yet to become a part of the therapeutic process-program. The participants are trying to understand and confront what they are facing, through externalization and exchanging of their personal experiences and difficulties. There are not any special requirements in order for someone to participate in this group, so everyone who needs help, is more than welcome (parents, partners, family members, friends).

THERAPEUTIC COMMUNITY'S PARENTS GROUP

The basic subject of these groups is the support of the parents' role during the major change that the member of their family is going through. "Boundaries", "conflicts", "emotions", "partners' problems", "day-to-day management" and "the connection between addiction and family relationships" are the main themes of this group.

SOCIAL REINTEGRATION'S PARENTS GROUPS

The basic subject of this group is the support of the program member's family during this major change that a member is going through, during the phase of their social reintegration.

DUAL DIAGNOSIS PARENTS GROUPS

This group includes all of the above objectives. In addition, the purpose of this group is for the parents to discuss the psychiatric problem of their children, in order to understand and accept it so that they can support their children and themselves in dealing with this double difficulty. In addition to the usual topics discussed by a group of parents, others are added such as medication, side effects, diagnosis, incarceration in psychiatric clinics / hospitals.

SELF-HELP FAMILY GROUP - "ARGO" PARENTS'-VOLUNTEERS' ASSOCIATION

The group has a special goal to become a self-help group between parents, as they need to maintain the contact with the support they receive. The program's role is clearly advisory and supervisory. The most important action of this group is the foundation of "ARGO'S" Parents'-Volunteers' Association.



SCHOOL UNIT

The initiative for the implementation of the School Unit by "ARGO" arose through the recognition of the educational deficits and the need for these deficits to be covered.

The first goal is to complete the basic educational level, for the acquisition of a High School diploma. Next pursuit is to strengthen the motivation to continue in higher educational levels (Secondary and Higher).

In collaboration with the Directorate of Secondary Education, "ARGO" operates a School Unit within the Psychiatric Hospital of Thessaloniki for people addicted to psychotropic substances, who are in the process of addiction therapy.

The School Unit is addressed to members of all therapeutic programs of the prefecture of Thessaloniki (Ianos, Methexis, Self Help Program, OKANA).

With the operation of the School Unit, "ARGO" highlights and underlines the role of education in achieving and maintaining the therapeutic goals. An overwhelming percentage of addicts have dropped out of school due to abuse and addiction to psychotropic substances, at a very young age, without even completing compulsory education.

STIRI-ZO

While travelling together with the people it has supported through the years, ARGO recognized the difficulties and the obstacles at job seeking, and also the burdening effect that contemporary working context of social reality has on them. For this reason, ARGO created "ΣΤΗΡΙ-ΖΩ" (STIRI-ZO) with the aim to support its own beneficiaries and also members of other rehabilitation programs in Central Macedonia, throughout their whole rehabilitation route.



The STIRI-ZO service is financed by the OPERATIONAL PROGRAM "CENTRAL MACEDONIA 2014 - 2020" Priority Axis 4 "Promoting social inclusion and combating poverty - EKT", co-financed by the European Social Fund.

STIRI-ZO consists of a new service for Social and Psychological Support with an emphasis on Education and Employability of ex addicted people, that provides:

- Personalized consulting on educational/ vocational, professional, career and social matters
- Information on social entrepreneurship
- Networking with the job market
- Group sessions as a "Bridge Group" for the Members of our Non-residential TC with the aim of processing a series of topics
- Group sessions as a "Support Group" with the aim of processing a series of topics



ARGO SOCIAL COOPERATIVE ENTERPRISE

There are forty-three (43) members in "ARGO" Social Cooperative Enterprise for Integration:

39 Individuals:

Twenty-one (21) former substance users, graduates of "ARGO" and beneficiaries of the Psychiatric Hospital of Thessaloniki (mental health patients) - Ten (10) employees of "ARGO" and other units of the Psychiatric Hospital of Thessaloniki - Eight (8) parents of beneficiaries and active citizens


4 Legal Entities:

General Hospital of Thessaloniki "G. Papanikolaou" - Organic Unit Psychiatric Hospital of Thessaloniki - Association "Friends of ARGO" - Association "Friends of Psychiatric Hospital of Thessaloniki" - Association "Families for Mental Health of Thessaloniki"

The Social Cooperative Enterprise for Integration "ARGO" was founded on 26/06/2018. Its creation is an initiative of the Alternative Therapeutic Program for Addicted Individuals "ARGO" of the General Hospital of Thessaloniki "G. Papanikolaou" - Organic Unit Psychiatric Hospital of Thessaloniki, for the vocational training, apprenticeship and employment of addicted individuals.

It is part of an overall plan and vision for a comprehensive proposal to address addiction and support the social inclusion of vulnerable groups.

"ARGO" Social Cooperative Enterprise for Integration aims to address one of the most important factors in the relapse of drug addicts, that of reduced employment after successfully completing a drug addiction treatment program. It is work and activities, which create a sense of belonging and provide opportunities for social contact, that contribute to relapse prevention (McIntosh et al. 2008).



High unemployment in Greece is itself a problematic background for finding employment even in the general population. This difficulty is exacerbated even more in specific populations in general and in addicts in particular.

"ARGO" Social Cooperative Enterprise for Integration is registered in the General Register for Institutions of Social and Solidarity Economy, according to the provisions of Law 4430/2016 with registration number 000108400091 and date of registration 26/06/2018, in the General Commercial Register in accordance with the provisions of law 4919/22 (A'71) with the number 166313261000, with VAT number 997223730 and headquarters in Lagada 196. It is the first Social Cooperative Enterprise for the social integration of addicted people.

The Social Cooperative Enterprise for Integration "ARGO" initially specializes in the exercise of the following activities:

- Organic Farming
- Recovery / Recycling / Reuse

but in the future it may be engaged in any form of economic activity.

During 2021, the Social Cooperative Enterprise for Integration "ARGO" employed three (3) people, graduates of the Alternative Therapeutic Program for Addicted Individuals "ARGO" and members of the Cooperative, as well as three (3) volunteers, members of "ARGO"'s Reintegration Unit. In addition to its own activities, the Social Cooperative Enterprise for Integration "ARGO" supported professionally two (2) graduates of the Alternative Therapeutic Program for Addicted Individuals "ARGO", by adding their products to the range of products offered by BIOkofinaki (beekeeping products, handmade tomato sauce, handmade traditional pissias).

Within 2021, Social Cooperative Enterprise for Integration "ARGO" was strongly active in the field of organic farming, selling organic products it produces on its farms. The "BIOkofinaki" action continued seamlessly during all the restrictive measures imposed in Thessaloniki to limit the spread of the coronavirus, giving many of our fellow citizens the option of receiving fresh and quality products, safely at their door.

In the framework of the act entitled "SUPPORT OF THE EMPLOYABILITY OF INDEPENDENT PERSONS" of the E.P. "CENTRAL MACEDONIA 2014 – 2020", Priority Axis 4 "Promoting social inclusion and fighting poverty - ESF", co-financed by the European Social Fund, approved in November 2019 and that started to be implemented in May 2021, two training programs were carried out for 20 members of the Social Reintegration Unit and graduates of addiction programs.:

- Organic farming training program for 10 members, 300 hours, from 10/5 to 3/8/2021
- Recycling/reuse training program, 300-hours, from 10/5 to 3/8/2021.

Other Activities:

- 4-5/12/2021: Participation in the "Circular Holidays" action of the "Circle-Workshop of Urban Sustainability and Circularity"
- Collaboration with the Green Unit of the Psychiatric Hospital of Thessaloniki and the department of Agricultural studies of the Aristotle University of Thessaloniki, for the production of vermicompost, in a 100% organic way.



ASSOCIATION "FRIENDS OF ARGO"

The Association Friends of "ARGO", was established on 31/03/2003, in the context of all possible support to the ongoing social and therapeutic work of the Program.

The Association is open to new members. A phone call (2310 - 668616 or 2310 540 353), a fax (2313 - 324651) or an email (info@argofriends.gr) are enough for the registration request. For more information, please visit the website www.argofriends.gr

The Association organizes events, lectures, discussions of scientific, artistic or cultural interest, aiming to strengthen its activities in the fields of Primary Prevention, Research, Treatment, Social Rehabilitation and Support of the Families of the members of "ARGO",

It also plans social gatherings for the dissemination of the services provided by the Program.

Having a legally approved fund, it collects financial sponsorships, donations, and other forms of material benefits, which can help in the more efficient operation of "ARGO".

Finally, it cooperates with natural persons, competent bodies and public or private services seeking support for the people in therapy.

During 2021, the Association Friends of "ARGO" continued the implementation of the Erasmus + program "Search for good practices in drug addiction through the ECETT network".

EDUCATION – RESEARCH – SUPERVISION



EDUCATION

The educational sector of "ARGO" moves at two levels (See APPENDIX 3-EDUCATION):

- The continuous training of the staff of "ARGO"
- Cooperation with organizations and university structures to provide high quality education to students, addiction experts and social scientists.

RESEARCH

The research sector is responsible for collecting and updating data in "ARGO"s' database. The main objective is to analyze the therapeutic results with the aim of outlining the profile of the people addressing "ARGO". The research is focused on the elements that contribute to the successful outcome of the treatment and the best prognostic indicators for achieving and maintaining the goal of abstinence and recovery.

SUPERVISION

Having recognized the value of external supervision, "ARGO" is in a continuous process of external supervision since its foundation. The supervision has been undertaken by an external supervisor of similar scientific expertise (human relations). The supervisor empowers staff to better understand their problems and develop self-help mechanisms to deal with them.

NATIONAL - EUROPEAN PROGRAMS



The implementation of two NSRF 2014-2020 projects was continued:

1. "EMPLOYABILITY SUPPORT FOR ADDICTED PEOPLE ", co-financed by the European Social Fund. The two-year long project includes two main actions:

- Training of 40 addicted people in organic farming and recycling-reuse.
- Establishment of a support office for addicted people, who aim at the development of social entrepreneurship.

2. "INTERVENTION PROGRAM FOR ADOLESCENTS AND YOUNG ADULTS WITH PROBLEMATIC USE OF LEGAL AND ILLEGAL SUBSTANCES AND ADDICTIVE BEHAVIORS" co-financed by the European Social Fund. The 3 year long project aims to create a structure for the development of an "Intervention Program for teenagers and young adults with problematic use of legal and illegal substances and addictive behaviors". Through the structure two ways of support are foreseen a) face to face and b) online services using new technologies.



1. **"Search for Good Practices in drug addiction through the ECETT network"**, implemented by the Association Friends of "ARGO" in collaboration with "ARGO". Partner organizations are DeKiem (Belgium) and Fracarita Bulgaria (Bulgaria). The program is part of **Key Action 1: Learning Mobility of Individuals**, of the Erasmus+ program and it has a duration of 24 months (1/6/2020-31/5/2022, Project no. 2020-1-EL01-KA104-077847). In the project's context one training mobility was implemented in Bulgaria, with a duration of 5 days for 5 members of ARGO's staff.

2. **"DARTOUT - Digital Art Therapy Tools to Overcome addiction United Together"**, with MONAR Association (Poland) as the coordinating partner and partners the Association Friends "ARGO" (in collaboration with "ARGO") and CEIS Formazione (Italy). The project is part of **Key Action 2: Cooperation for innovation and exchange of good practices** of the Erasmus+ program and has a duration of 24 months (1/3/2021-28/2/2023).

ANNUAL REPORT

**/ ADJUSTMENT OF OPERATION DUE TO
COVID19**


/ BENEFICIARIES

**/ DEGREE OF SATISFACTION BY THE
TREATMENT**

/ STAFF

/ FINANCIAL DATA

/ ACTIVITIES



ADJUSTMENT OF OPERATION DUE TO COVID19

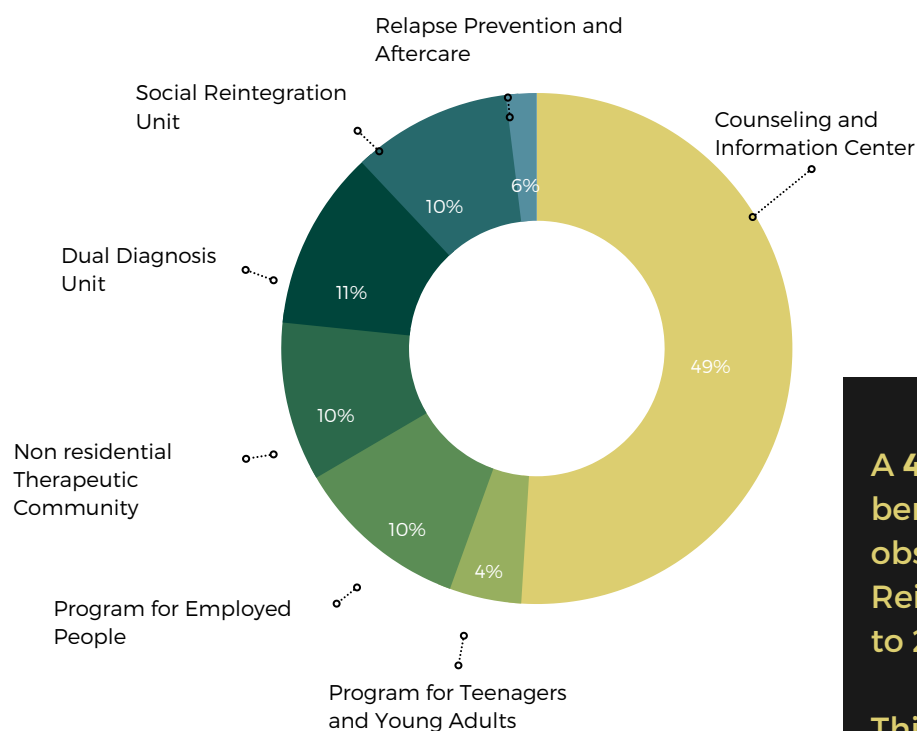
During the period from **1/1/2021 until 30/04/21** (16 weeks), when the emergency restrictive measures for the prevention of the spread of the coronavirus were in place, "ARGO" adapted its operation in order to respond to the emergency conditions. Therefore all group therapy processes were conducted online, significantly limiting the daily attendance of the members to one mandatory individual meeting and one urine test per week (See APPENDIX 2: SERVICE RECIPIENTS).

The Alternative Therapeutic Program for Addicted People "ARGO" is a non residential program, i.e. day center, which offers addiction treatment services on a daily basis to its members.

The members adapted to the reality of the online implementation of therapy quite smoothly, due to the choice of an electronic application (messenger) with which the majority of them were quite familiar. Overall, we consider that "ARGO" adapted the way and the frequency with which it provides addiction treatment services, in all its structures/services, and responded immediately and effectively to the new conditions.

BENEFICIARIES

SERVICES TO USERS



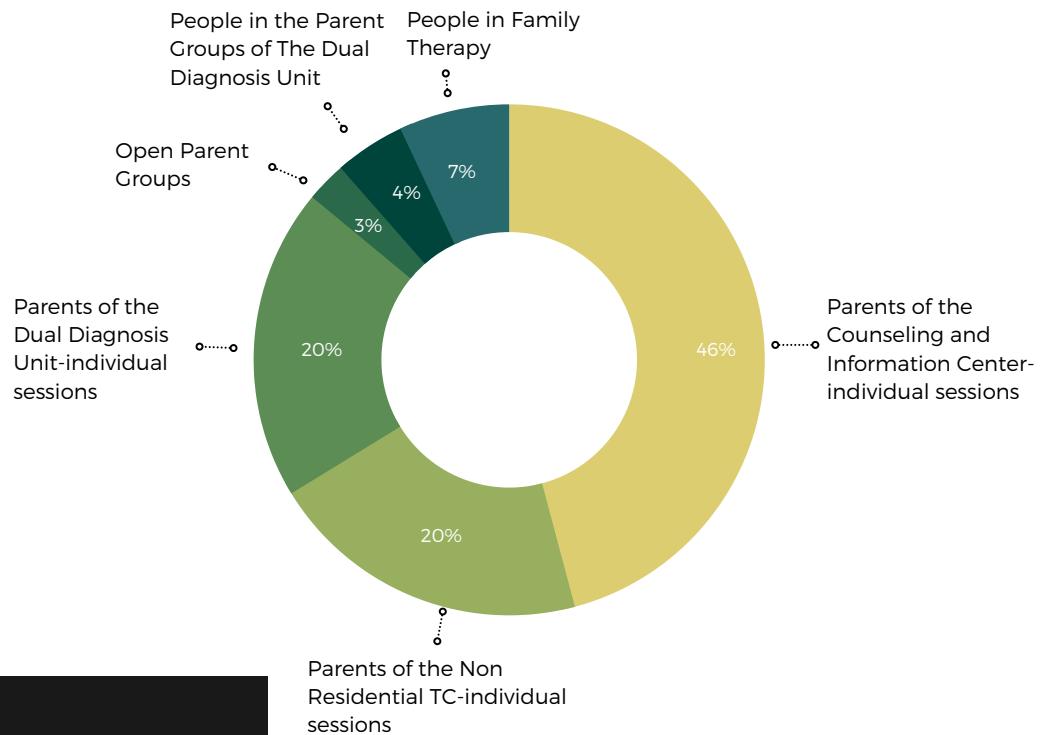
Services to users

The total number of addicted people who approached the therapeutic services of "ARGO" within 2021, was **321. 157** of these people approached the Counseling and Information Center (first phase of the therapeutic process). In the second phase of the therapeutic process (Non Residential Therapeutic Community, Dual Diagnosis Unit, Program for Employed People, Program for Teenagers and Young Adults) **114** people were included and in the third phase of the therapeutic process (Social Reintegration Unit, Relapse Prevention & Aftercare Unit) **50** people.

A 41% increase in the beneficiaries number is observed in the Social Reintegration Unit compared to 2020.

This increase justifies the corresponding 39% reduction of intakes into Relapse Prevention & Aftercare Unit, as the two services are connected.

ΥΠΗΡΕΣΙΕΣ ΠΡΟΣ ΟΙΚΟΓΕΝΕΙΕΣ/ΣΗΜΑΝΤΙΚΑ ΠΡΟΣΩΠΑ



87% of the people had individual sessions

13% of the people took part ingroup sessions

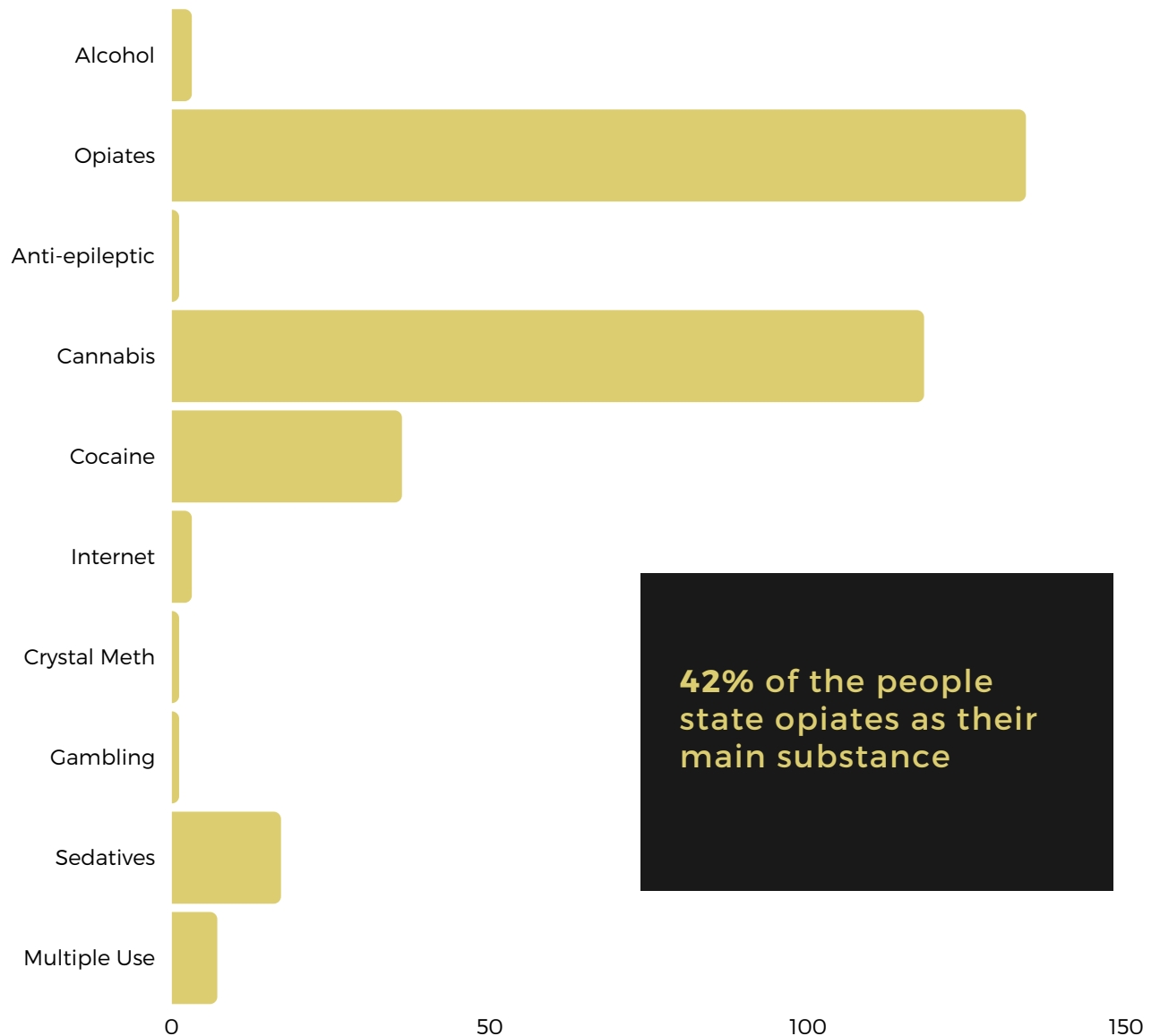
Services to families/significant others

A total of **157** people joined the family sector services. Of these, 87% attended individual sessions. Due to the restrictions in place during 2021 for the limitation of the spread of the coronavirus, group proceedings in the family sector were very limited, with only 13% joining parent groups.

SCHOOL UNIT

28 people applied to the school unit for the 2020-21 school year and 21 people for the 2021-22 school year (See APPENDIX 3-EDUCATION)

MAIN DEPENDENCE FACTOR



The majority of users declare **opiates** as their main substance at a rate of **42%**, followed by **cannabis** at a rate of **37%**, **cocaine** at a rate of **11%**, **sedatives** at a rate of **5%**. It is worth noting that for the first time internet, gambling, anti-epileptics and alcohol are listed as main factors of dependence "ARGO".

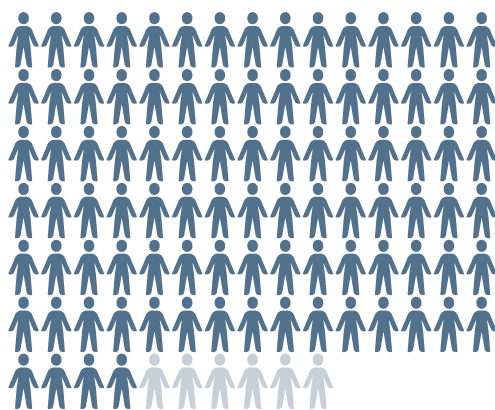
DEGREE OF SATISFACTION BY THE TREATMENT

In order to examine the satisfaction of users by the services of "ARGO", the **Treatment Perceptions Questionnaire (TPQ)** is used. TPQ was developed by Marsden et al. for measuring quality in addiction treatment programs by their beneficiaries.

The results came from 10 questions about the perceptions for the program's staff and treatment planning. Each item is scored on a five-point scale (strongly disagree - strongly agree / 0-4). Higher scores indicate greater satisfaction.

The questionnaire is completed only when beneficiaries complete or interrupt the treatment process and not while they are in the treatment process.

For 2021, the total number of members who completed the TPQ questionnaire was **48** and had the following characteristics:



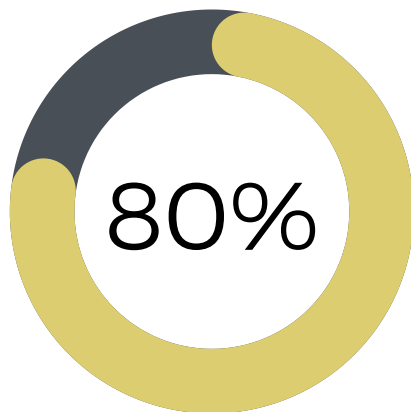
94% men

Average Age

38

8 remained in treatment for up to 3 months
7 remained in treatment for up to 6 months
7 remained in treatment for up to 9 months
1 remained in treatment for up to 12 months
19 remained in treatment for up to 24 months
6 completed the Program

13 months
average duration of stay



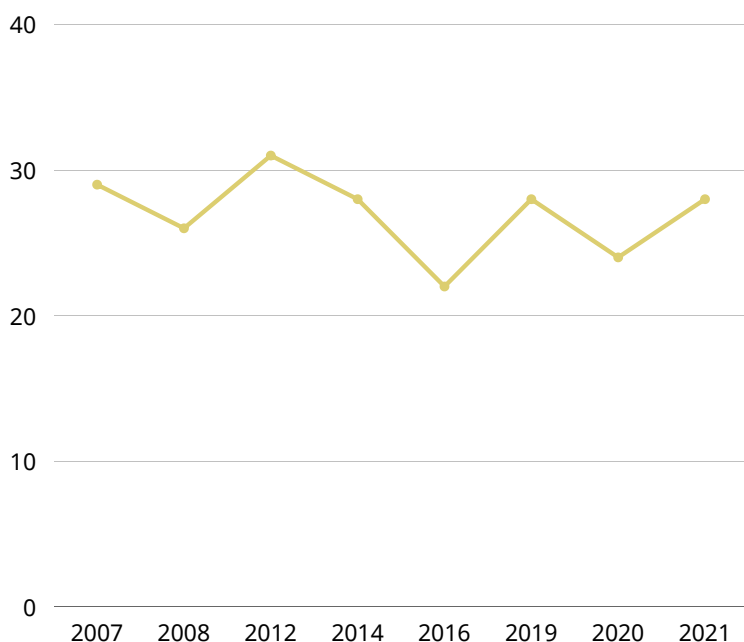
Treatment satisfaction

For **2021**, the total rate of satisfaction by people from any service of "ARGO" reached **80%** (See APPENDIX 6: Satisfaction level from treatment-TPQ).

STAFF

"ARGO"'s staff has a high specialization in the field of addiction treatment, aiming to offer modern, quality, effective and comprehensive services to both their immediate beneficiaries, as well as their significant others.

The staffing of the program is one of the points with special emphasis, as the operation of the Program and the success of its goals depend to a large extent on the people who frame the effort.



23,5% of the staff of "ARGO" are graduates of recognized addiction treatment programs, "special therapists", who combine experiential knowledge and experience with appropriate professional training in the field of therapy.

The graph shows schematically the development of the Program's staff since 2007 (when twenty three -23- new employees were hired) until today.

In 2021, the permanent staff of "ARGO" decreased by 7 people compared to the previous year (a decrease of 29%), marking the largest decrease since 2007. At the same time, the implementation of the two NSRA projects which have been previously mentioned, allowed the hiring with short-term contracts, of an additional 11 people of various specialties, who undertook the implementation of sub-projects of these actions (See APPENDIX 4: STAFF)

FINANCIAL DATA

According to the Annual Reports of the Research University Institute for Mental Health and the National Center for Documentation & Information on Drugs, ARGO has suffered a reduction in its budget since 2010.

We must emphasize that despite the aforementioned reduction during the period 2010 - 2015, "ARGO" did not reduce any of the services it provides to the citizens. On the contrary, it has been developing new services systematically since 2016. A small increase in costs is observed in 2018 due to the re-hiring of 5 colleagues, special therapists, through the subsidized programs for Special Social Groups by the Greek Unemployment Office.

The table below shows the financial data related to the costs of addiction therapy services of the Psychiatric Hospital of Thessaloniki, as recorded in the annual report of the National Center for Documentation & Information on Drugs for the year 2020.

In **2021**, according to the data of the Psychiatric Hospital of Thessaloniki, the total operating costs of "ARGO" amounted to **€586,632.87**, with the salary costs amounting to **€540,980.74** and the operating costs to **€45,652.13**.

Analyzing the financial data, we consider "ARGO" a comprehensive, quality, but also economically advantageous treatment proposal to address the problem of addiction to psychotropic substances.

	2010	2015	2017	2018
Addiction Rehabilitation Department IANOS	3.457.544	2.597.188	2.303.914	2.589.176
Alternative Program for Addicted Individuals "ARGO"	894.808	777.571	796.291	860.568
METHEXIS Alcohol, Drug and Gambling Rehab Unit	-	628.636	791.927	809.405

Source: EKTEPN 2020 (Data: Psychiatric Hospital of Thessaloniki, 2011-2019).

ACTIVITIES

A visit by Alexis Goosdeel, Director of the European Monitoring Center for Drugs and Drug Addiction (EMCDDA). During his visit, Mr. Goosdeel met with the scientific director and employees of "ARGO" and they discussed the situation of drugs and addiction services in Greece and Europe.



World Day Against Drugs. Theatrical event in Aristotelous Square: "How a bad man became".

Handing over ceremony of a refrigerator vehicle, donated by the non-profit foundation Ioannis S. Latsis to ARGO Social Cooperative Enterprise, in the presence of the Foundation's representative Ms. Nadine Tzeja. The event was honored with their presence by Mr. Vlahveis Menelaos, deputy director of the General Hospital "G. Papanikolaou" and Mr. Mittas Christos, deputy regional governor of Public Health.



Presentation of the play "Dogman-The Stray Child" by the EXODUS theater group of "ARGO", at theater "T".



Participation in the 9th International Night Half-marathon of Thessaloniki, by the staff of the Program for Teenagers and Young Adults

Attending theatrical performances: "Eleni" at the theater Dasous and "The Feather" in the foyer of the Macedonian Studies Society.

As part of the established outdoor activities of "ARGO", the members of the Non Residential Therapeutic Community organized day trips to Hortiatiss and Sheikh Sou forests, for hiking, games, picnics and contact with nature, as well as an excursion to Neoi Epivates beach.

ANNEX

/ ANNEX 1: ORGANOGRAM
/ ANNEX 2: BENEFICIARIES
/ ANNEX 3: EDUCATION
/ ANNEX 4: STAFF
/ ANNEX 5: THERAPEUTIC GROUPS
/ ANNEX 6: DEGREE OF SATISFACTION
BY THERAPY - TPQ
/ ANNEX 7: ECETT GOOD PRACTICES
DATABASE

// ANNEX1: ORGANOGRAM

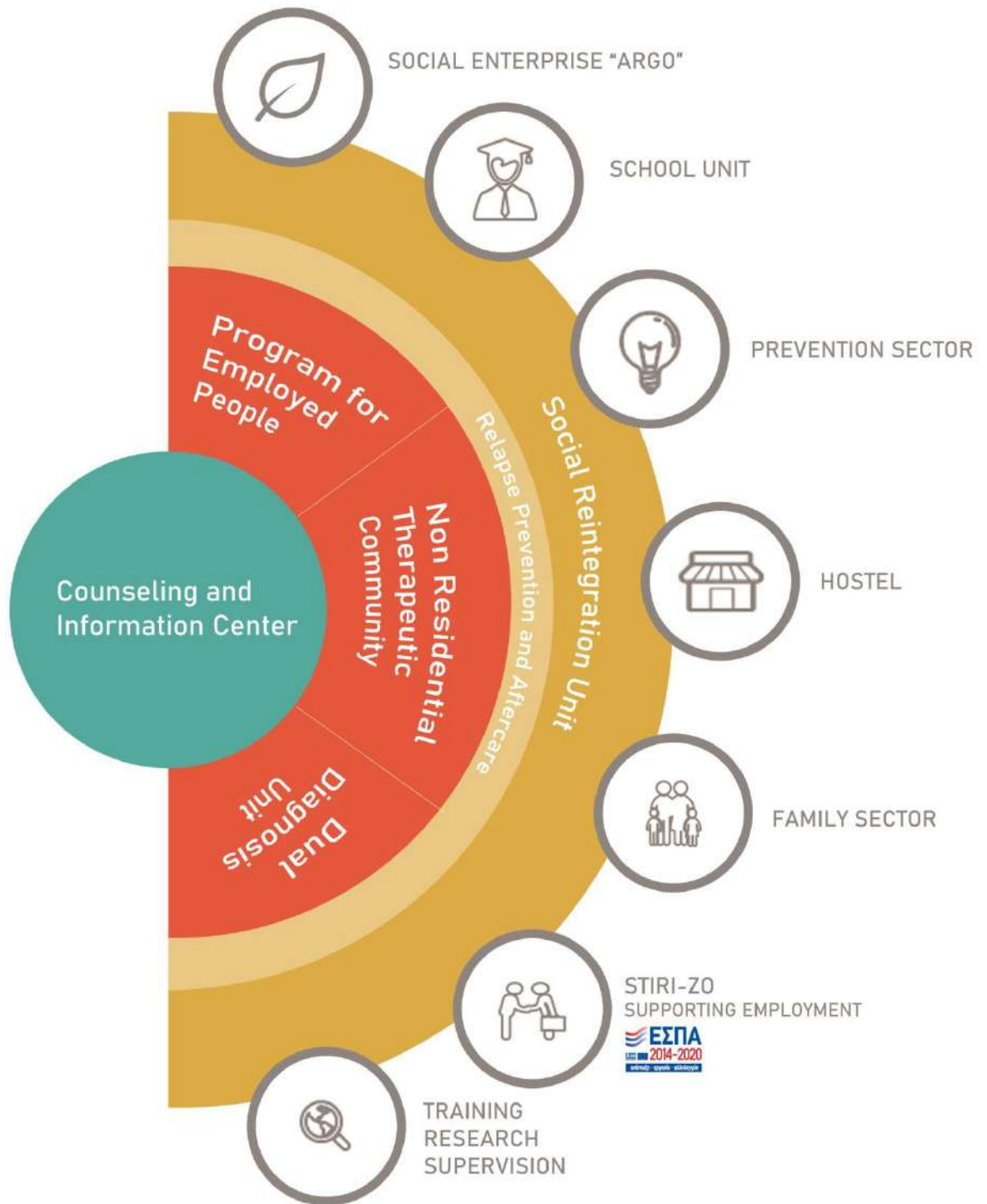


Image. 1 Organogram for the Program's Services for Adult Users

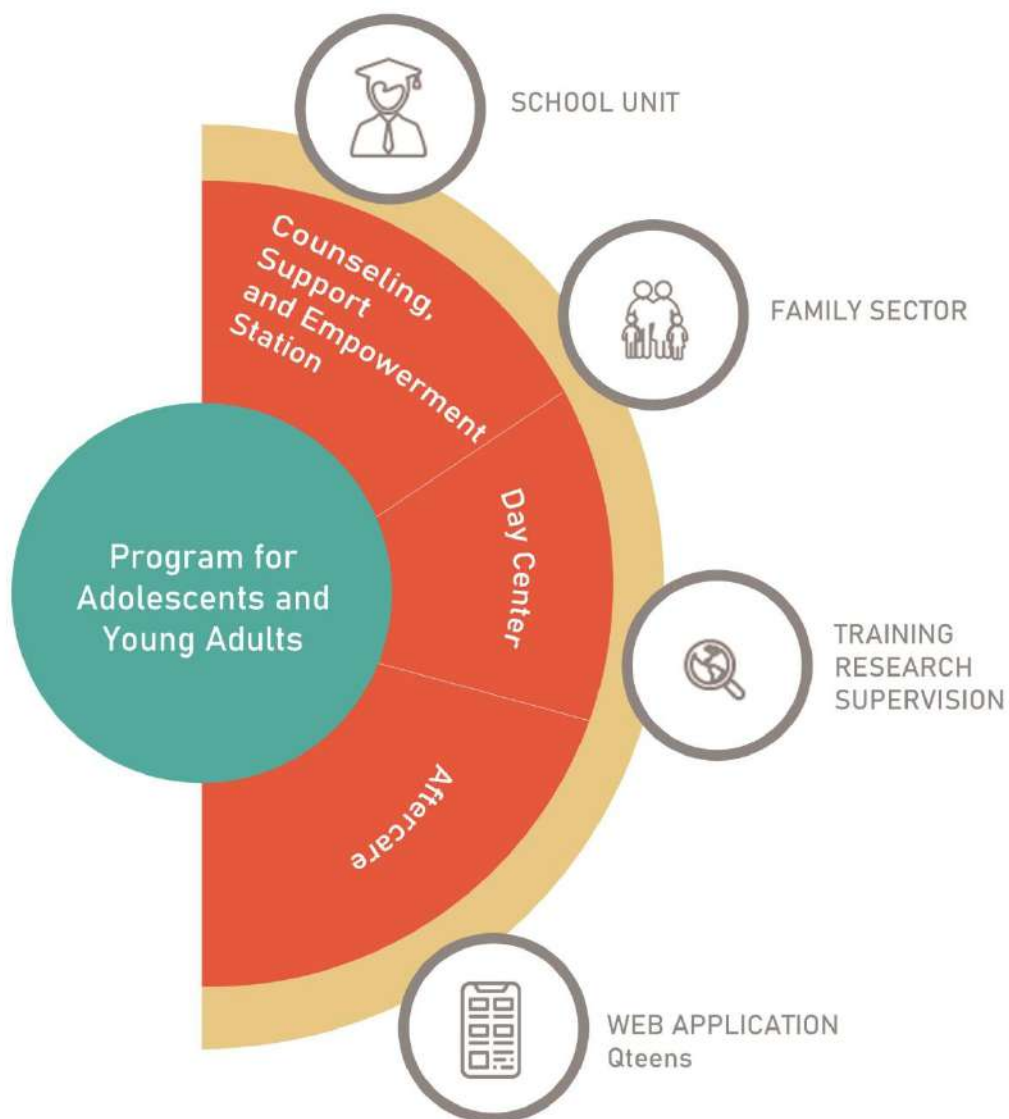


Image 2 Organogram for the Program's Services for Teenagers and Young Adults

// ANNEX 2: BENEFICIARIES

Sex			
	Male	Female	Total
Counseling and Information Center	134	23	157
Dual Diagnosis Unit	29	6	35
Non Residential Therapeutic Community	29	2	31
Program for Employed People	33	1	34
Social Reintegration Unit	29	2	31
Relapse Prevention and Aftercare Unit	15	4	19
Program for Teenagers and Young Adults	10	4	14
Total	279	42	321

Table 1 Beneficiaries by sex

Age						
	12-18	18-34	35-49	50-64	65+	Total
Counseling and Information Center	0	57	92	8	0	157
Dual Diagnosis Unit	0	13	17	5	0	35
Non Residential Therapeutic Community	0	7	19	5	0	31
Program for Employed People	0	9	23	2	0	34
Social Reintegration Unit	0	8	19	4	0	31
Relapse Prevention and Aftercare Unit	0	3	13	3	0	19
Program for Teenagers and Young Adults	10	4	0	0	0	14
Total	10	101	183	27	0	321

Table 2 Beneficiaries by age

Working Status						
	Unemploy ed	Employed	Students	Pensioners	Other	Total
Counseling and Information Center	85	66	3	1	2	157
Dual Diagnosis Unit	27	7	1	0	0	35
Non Residential Therapeutic Community	26	3	1	1	0	31
Program for Employed People	0	34	0	0	0	34
Social Reintegration Unit	12	19	0	0	0	31
Relapse Prevention and Aftercare Unit	7	12	0	0	0	19
Program for Teenagers and Young Adults	5	1	8	0	0	14
Total	162	142	13	2	2	321

Table 3 Beneficiaries by working status

Educational Level					
	Illiterate	Primary	Secondary	Tertiary	Total
Counseling and Information Center	0	12	109	36	157
Dual Diagnosis Unit	0	0	23	12	35
Non Residential Therapeutic Community	0	4	19	8	31
Program for Employed People	0	2	19	13	34
Social Reintegration Unit	1	5	19	6	31
Relapse Prevention and Aftercare Unit	2	0	17	0	19
Program for Teenagers and Young Adults	3	9	2	0	14
Total	6	32	208	75	321

Table 4 Beneficiaries by educational level

Main factor of addiction										
	Opiates	Cocaine	Cannabis	Multiple Use	Sedatives	Anti-epileptic	Alcohol	Crystal Methamphetamine	Internet	Gambling
Counseling and Information Center	79	21	47	1	6	0	2	1	0	0
Dual Diagnosis Unit	8	3	18	0	5	0	1	0	0	0
Non Residential Therapeutic Community	19	2	8	0	2	0	0	0	0	0
Program for Employed People	13	4	16	0	1	0	0	0	0	0
Social Reintegration Unit	8	2	18	1	2	0	0	0	0	0
Relapse Prevention and Aftercare Unit	5	4	4	5	1	0	0	0	0	0
Program for Teenagers and Young Adults	2	0	7	0	0	1	0	0	3	1
Total	134	36	118	7	17	1	3	1	3	1

Table 5 Main factor of addiction

Services provided to the members of “ARGO” (online during 1/1-30/4/2021)					
	Individual Sessions (face to face)	Individual Sessions (online)	Sessions by telephone	Online groups	First Contact Questionnaires
Counseling and Information Center	349	6	28	30	55
Dual Diagnosis Unit	105	92	92	20	-
Non Residential Therapeutic Community	122	0	0	35	-
Program for Employed People	113	0	0	18	-
Social Reintegration Unit	35	0	0	32	-
Relapse Prevention and Aftercare Unit	37	0	0	-	-
Total	761	98	120	135	55

Table 6 Services – customized function because of covid19

Services provided to the members of “ARGO” (face to face during 1/5-31/12/2021)			
	Individual Sessions (face to face)	Groups (face to face)	First Contact Questionnaires
Counseling and Information Center	811	81	115
Dual Diagnosis Unit	163	88	-
Non Residential Therapeutic Community	167	257	-
Program for Employed People	-	76	-
Social Reintegration Unit	-	77	-
Relapse Prevention and Aftercare Unit	189	-	-
Program for Teenagers and Young Adults ¹	76	4	13
Total	1406	583	128

Table 7 Services – ordinary function

¹ The Program for Teenagers and Young Adults began its operation after the 1st of July 2021.

Total Beneficiaries of the Family Unit for 2021 ²	
Persons in Individual Sessions at the Counseling and Information Center	72
Persons in Individual Sessions at the Non Residential Therapeutic Community	32
Persons in Individual Sessions at the Dual Diagnosis Unit	31
Persons in the Open Parents Group	4
Persons in Parent Groups at the Dual Diagnosis Unit	7
Persons in Family Therapy	11
Persons in family services at the Program for Teenagers and Young Adults	28
Total	185

Table 8 Beneficiaries of the Family Unit

² Due to the restrictions that were in effect during 2021 for the containment of the spread of the coronavirus, the family unit's function was limited.

// ANNEX 3: EDUCATION

School Unit		
Academic Year	2020-2021	2021-2022 ³
Students	28	21
Persons that got an Elementary school diploma	0	-
Persons that got a High School diploma	4	-
Persons that got a Senior High School education diploma	16	-

Table 9 Beneficiaries in the School Unit

Staff training in "ARGO"		
Date	Organization	Theme
23/4/2021	ECETT	Webinar «Addiction Therapy of Community Outreach»
24/5/2021	AUTH Law School, UNIC Law School and KETHEA	WEBINAR by the inter-institutional master's program "Criminal Law and Addictions" «Treatment of Addictions: Challenges due to covid-19»
25/6/2021	ECETT	Webinar «Partnerships with families and networks»
7/7-6/8/2021	Child and Adolescent Support Center and Department of Children's Psychiatry of the General Hospital "G. Papanikolaou"/ Psychiatric Hospital of Thessaloniki/ Teenager Program 18 Ano/ OKANA/ KETHEA/ Self-Help Program/ Prevention Centers: «Sirios», «Elpida», «Pixida» / EKTEPN	Staff training for the Program for Teenagers and Young Adults of "ARGO" in matters of addiction and therapy, with an emphasis on supporting children, adolescents and young adults.
27/9/2021 – 1/10/2021	Fracarita Bulgaria	Training in rehabilitation facilities in Bulgaria for five of "ARGO" employees, through the Erasmus+ Program.

³ Students of the School Unit for the academic year 2021-2022, are expected to complete their studies in June 2022.

5/10/2021	General Hospital "G. Papanikolaou"/ Psychiatric Hospital of Thessaloniki (Dr. Dimitris Kioses, psychiatrist)	Introduction to the Family Therapy Approach
29/10/2021	ECETT	Webinar "Treatment in Addiction"
15/12/2021	Petros Roussos, Associate Professor of Psychology, UoA	Internet Addiction Questionnaire Training

Table 10 Staff training for "ARGO"

Training provided by "ARGO" to professionals/students/volunteers

Training of **nine (9)** volunteers.

Practical Training for **two (2)** psychology students.

Training for **three (3) psychiatrists** for their medical specialization.

Table 11 Training for professionals/students/volunteers

Training provided by "ARGO" to its members

Date	Organization	Theme
10/5/21-9/8/2021	MASTER KEK	Implementation of a 300-hour organic farming training program for 10 members ⁴
13/5/21-9/8/2021	MASTER KEK	Implementation of a 300-hour recycle/reuse training program for 10 members ⁵
2 days/month		Creative Writing Training for members of the Non Residential Therapeutic Community, by a volunteer writer.

Table 12 Training provided by "ARGO" to its members

⁴ The training program concerns Sub-project 1 of the action "SUPPORT OF THE EMPLOYMENT OF INDEPENDENT PERSONS" with OPS Code 5041635 in the Operational Program "Central Macedonia

⁵ The training program concerns Sub-project 1 of the action "SUPPORT OF THE EMPLOYMENT OF INDEPENDENT PERSONS" with OPS Code 5041635 in the Operational Program "Central Macedonia

// ANNEX 4: STAFF

PERMANENT STAFF OF “ARGO”		
Specialty	Persons in the beginning of 2021	Persons in the end of 2021
Psychiatrist ⁶	1	1
Physical Education ⁷	3	2
Statisticians	1	1
Psychologists ⁸	4	3
Special Therapists ⁹	5	4
Informatics	1	1
Nurses ¹⁰	3	1
Cleaning staff	1	1
Occupational Therapists	1 ¹¹	0
Teachers ¹²	2	2
Actors	1	1
Ceramicists ¹³	1	1
Total	24	18

Table 13 Permanent staff of “ARGO”

⁶ Part time 1 day/week

⁷ One of the physical education staff has been suspended from work due to covid-19 measurements since 1/9/2021

⁸ One of the psychologists is part time, 3 days/week

⁹ One of the special therapists has been suspended from work due to covid-19 measurements since 1/9/2021

¹⁰ Since 1/9/2021 one of the nurses and since 1/12/2021 one more nurse were moved to other services of the Psychiatric Hospital of Thessaloniki, to cover the needs that arose due to the suspension of work of Hospital employees

¹¹ Part time 3 days/week

¹² Supporting the School Unit

¹³ Part time 2 days/week

In the framework of the implementation of the action entitled: "INTERVENTION PROGRAM FOR ADOLESCENTS AND YOUNG PEOPLE WITH PROBLEMATIC USE OF LEGAL AND ILLEGAL SUBSTANCES AND ADDICTIVE BEHAVIOUR", with OPS Code 5041758 of the Operational Program "Central Macedonia 2014-2020", "Promoting social inclusion and combating of poverty", co-financed by the European Social Fund, **eight people** were hired for the Adolescent Program.


PROGRAM FOR TEENAGERS AND YOUNG ADULTS	
	
SPECIALTY	PERSONS
CHILDREN'S PSYCHIATRIST ¹⁴	1
SOCIAL WORKER	1
PSYCHOLOGIST	2
ADMINISTRATIVE	1
SPECIAL THERAPIST	1
PHYSICAL EDUCATION	1
INFORMATICS	1
TOTAL	8

Table 14 Staff of the Program for Teenagers and Young Adults

In the framework of the implementation of the action entitled "SUPPORT OF THE EMPLOYABILITY OF INDEPENDENT PERSONS" with OPS Code 5041635 of the Operational Program "Central Macedonia 2014-2020", Priority Axis "Promotion of social inclusion and combating poverty", co-financed by the European Social Fund, three people were hired for the STIRI-ZO service.


STIRI-ZO	
	
SPECIALTY	PERSONS
SOCIAL WORKER	1
PSYCHOLOGIST	1
EDUCATOR	1
TOTAL	3

Table 15 Staff of STIRI-ZO

¹⁴ Part time 20 hours/week

// ANNEX 5: THERAPEUTIC GROUPS

The therapeutic groups that take place weekly in the services of “ARGO” are the following:

Counseling and Information Center

- Enhancing motivation and establishing abstinence from the use of psychotropic substances
- Preparation for joining the Non Residential Therapeutic Community

Non Residential Therapeutic Community

- | | |
|-----------------------------|-------------------------------------|
| → 24h review | → Conflict resolution |
| → Weekend review-planning | → Common Members-Staff (1/month) |
| → Sports | → Members |
| → Experiential | → Performing Arts |
| → Expression through rhythm | → Body Expression and Communication |
| → Vocational Guidance | → Photography |

Dual Diagnosis Unit

- Psychosocial support

Program for Employed People

- Behavioral Reconstruction
- Review
- Psychosocial support

Social Reintegration Unit

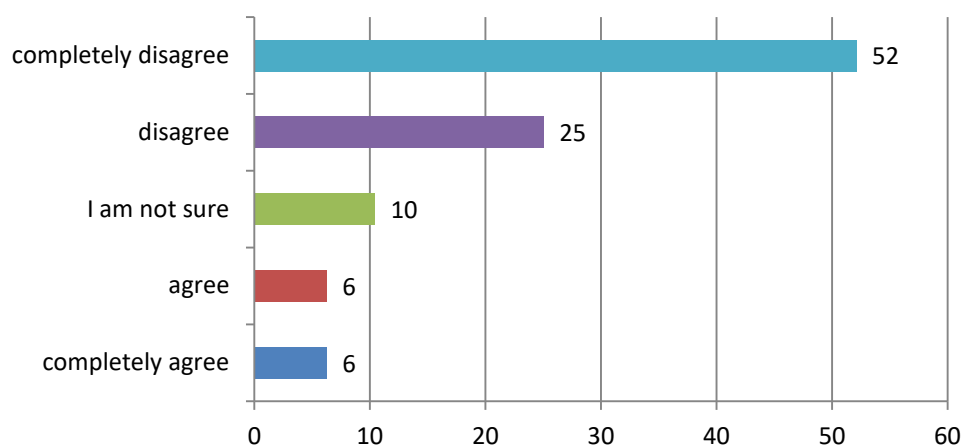
- Psychosocial support

Program for Teenagers and Adults

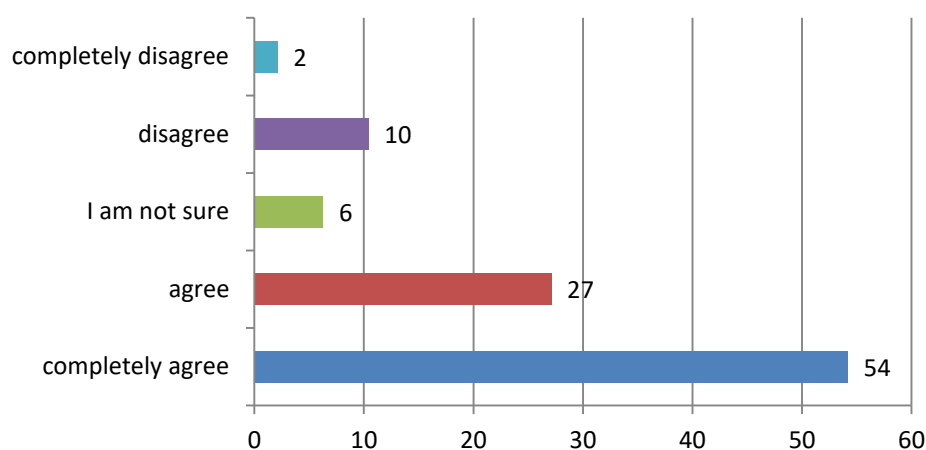
- Sports
- Discourse/experiential
- Creative
- Weekend review
- Counseling center
- Parents

// ANNEX 6: DEGREE OF SATISFACTION BY THERAPY - TPQ

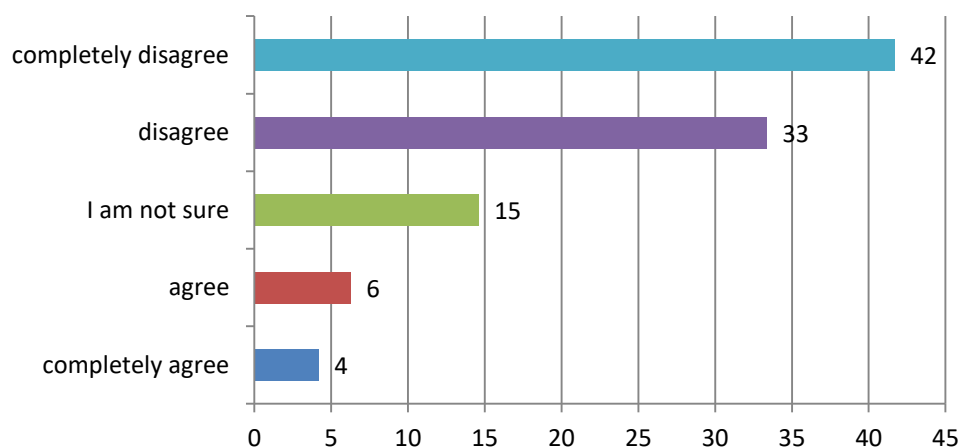
1. During treatment it was not always clear to the staff what kind of help I wanted.



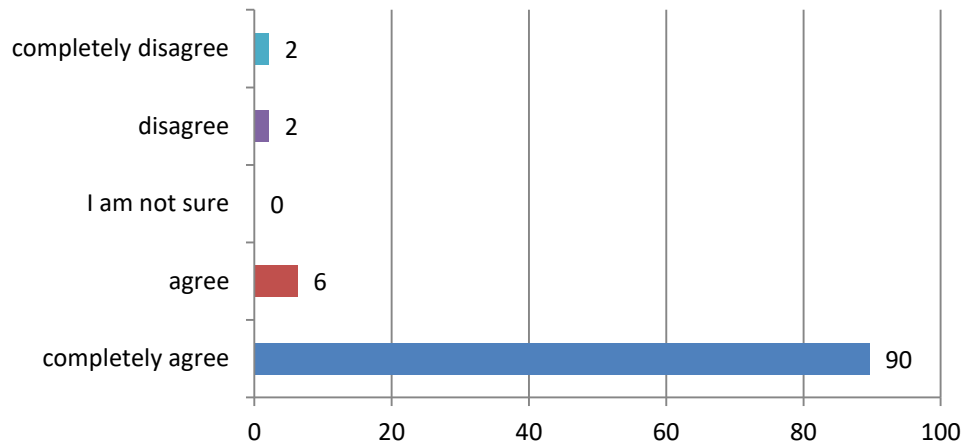
2. During my treatment I was well informed about decisions made about my treatment.



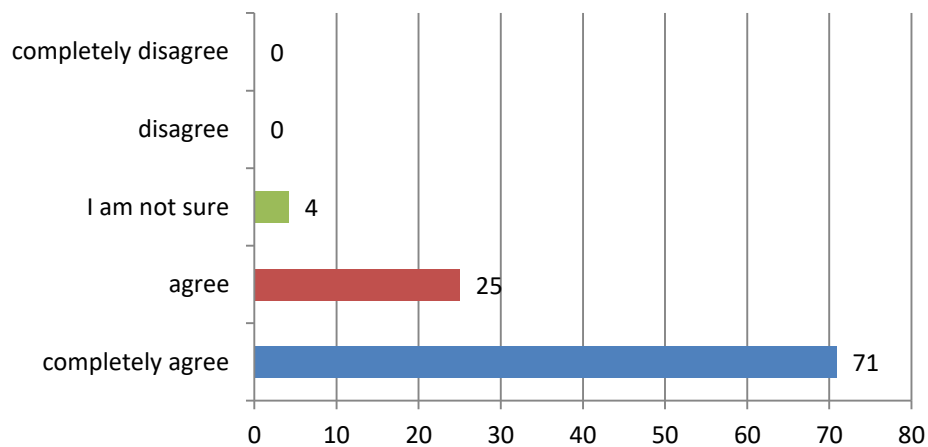
3. During my treatment the staff and I had different ideas about what the treatment goals should be.



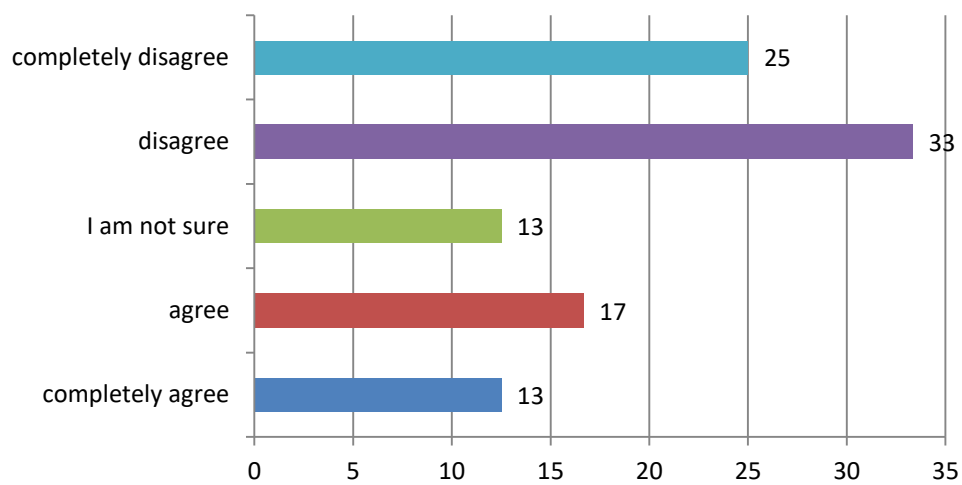
4. During my treatment there was always a member of staff available when I wanted to talk.



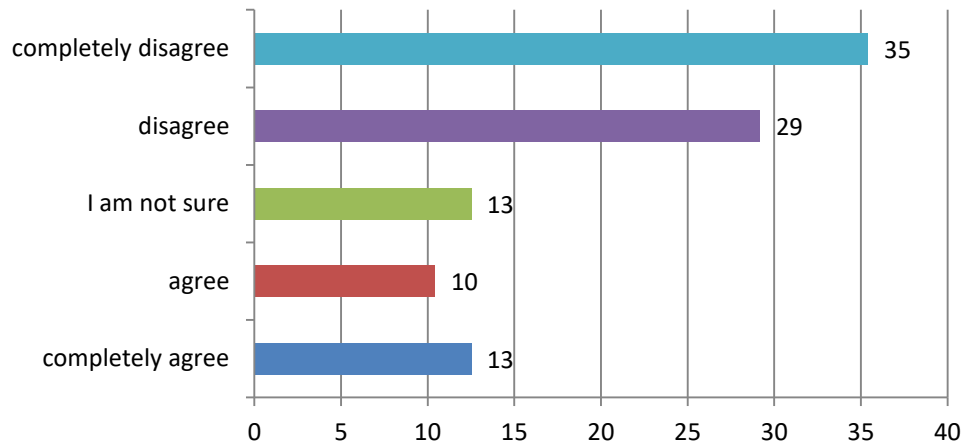
5. During my treatment the staff helped me to mobilize myself to work through my issues.



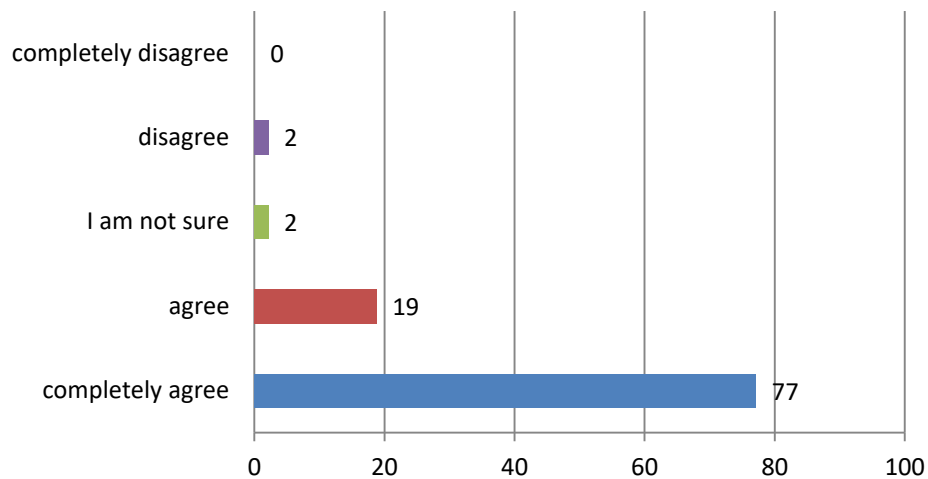
6. During my treatment I did not like all the sessions I attended.



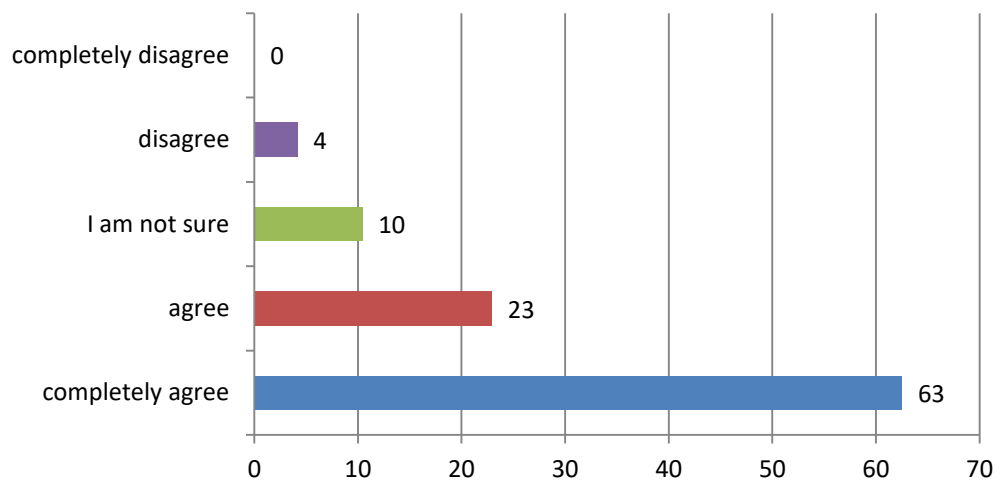
7. During my treatment I did not have enough time to work out my problems



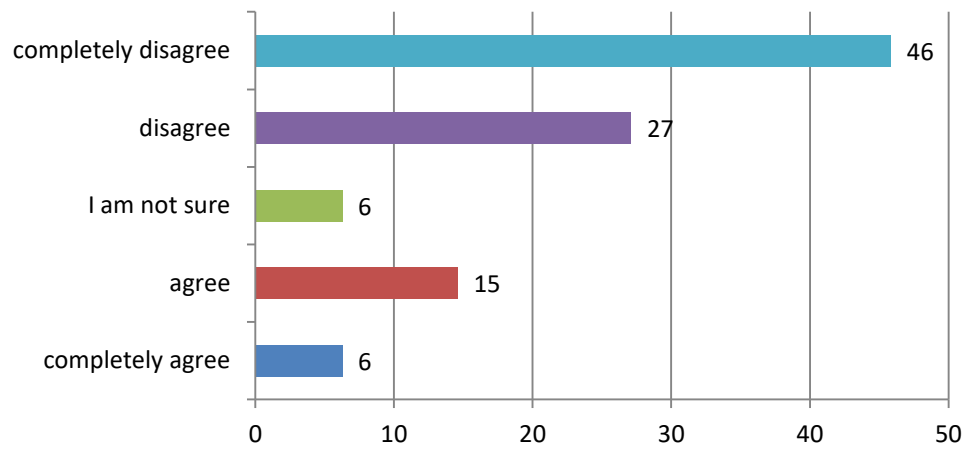
8. I think the staff were good at their jobs.



9. During my treatment I got the help I was looking for.



10. During my treatment I did not like some of the rules or principles of treatment



// ANNEX 7: ECETT GOOD PRACTICES DATABASE

Name	Score
Radio show group for expression & communication (SGP) 14 October 2014	20
Expression and communication through the body (SGP) 14 October 2014	19
Treatment Sessions through Rhythm (SGP) 14 October 2014	20
Reflectional Thought Group (SGP) 24 October 2014	15
Art Therapy (SGP ARGO) 3 November 2014	17
Digital Empowerment- DigEm 3 November 2014	18
BLACK THEATRE GROUP (SGP ARGO) 3 November 2014	20
NP- Learning from experience Group (SGP ARGO) 7 November 2014	13
Photogram Group Therapy, Non Directive Intervention group facilitation/co-ordination (SGP ARGO) 14 November 2014	20

Source: www.ecett-networks.eu

CONTACT

Non residential Therapeutic Community Social Reintegration Unit

Program for Employed People

Relapse Prevention and Aftercare

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STIRI-ZO

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Research & European Projects

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Counseling and Information Center

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E / argo_stathmos@psychothes.gr

Dual Diagnosis Unit

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Program for Teenagers and Young Adults

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196 LAGADA

Stavroupoli



52 GIANNITSON

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