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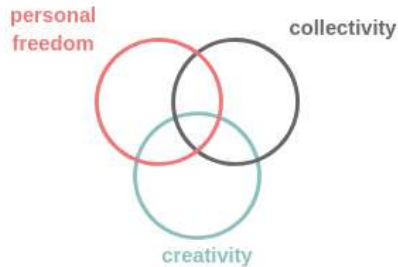


Alternative Therapeutic Program for Addicted Individuals  
[www.argothes.gr](http://www.argothes.gr)

## WHO ARE WE

"ARGO – Alternative Therapeutic Program for Addicted Individuals" is a non Residential, drug-free therapeutic program. It pertains to the Greek National Health System and, specifically, to the General Hospital of Thessaloniki "G. PAPANIKOLAOU" – Organic Unit Psychiatric Hospital of Thessaloniki. It deals with any kind of dependency from illegal drugs (heroin, cocaine, cannabis, stimulants etc.) and other addictive behaviors (internet addiction, gambling, prescription medicine etc.), offering its services free of charge to people over 18 years old.

## PHILOSOPHY



The Program's philosophy is based on three fundamental principles: personal freedom, collectivity and creativity.

The free and willing encounter with the others. Personal freedom is not an individual characteristic, but it is essential within the frame of collectivity.

Collectivity offers the social conditions for personal freedom.

Creativity is about personal freedom and collectivity in all aspects of life.

FOUNDED 1/5/1998

APPROVED

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FREE SERVICES

NO DISCRIMINATIONS

DRUG FREE

## THERAPEUTIC GOALS

- 1 Qualitative, specialized, complete and contemporary ways of facing dependency on psychotropic substances
- 2 Physical rehabilitation and total abstention from substance use
- 3 Psychological rehabilitation
- 4 Behavioral change (change in lifestyle and attitude)
- 5 Giving up on delinquency
- 6 Social skills enhancement
- 7 Free time management
- 8 Alternative ways of expression and communication (physical and/or non-verbal)
- 9 Changing the psychobiological aspect of dependency
- 10 Education and vocational guidance and training
- 11 Support with pending legal problems
- 12 Cooperation with families and "significant" others

## ORGANOGRAM



School Unit

Educational and Vocational Guidance Office

Family Unit

Prevention and Information against Addiction

Education | Research

Hostel

## COLLABORATIONS

