<u>Depression, stress and general sentimental pressure</u> recommend particular characteristics of behavior for dependent individuals.

The change of quality and the intensity of these elements, in the frame - and at the duration - of withdrawal attempt, constitute indicator of their therapeutic course.

The present research investigated the quantitative and qualitative differentiation of depressing behavior in different stages of purgation of drug-addiction which are carried out in a non-residential program for users of illegal substances (initial integration in the program / bodily detoxification - mental purgation of drug-addiction - social rehabilitation)

With the utilization of diagnostic process were examined fifty-five members from the program and it was compared the score of the answers of each team with the other two.

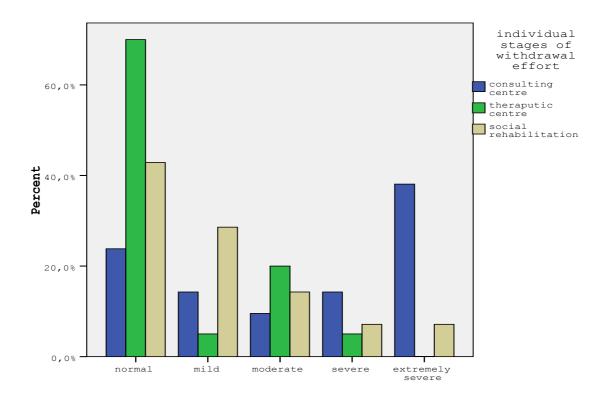
The comparisons and the analysis of results were based so much on the answers of questions, as long as also in the estimates of therapeutic personnel relatively with the effort that overwhelms the member and his mental situation.

It was examined if the results showed any fluctuation of the sentimental reactions, in the different stages of treatment.

It is significant that it is not pointed differentiation of depressing behavior straightly connected with the stage of purgation of drug-addiction.

Deductively it results that the development of therapeutic process does not influences the depressing elements of behavior of detoxifying individual.

Γράφημα 1: Levels of anxiety in the individual stages of withdrawal effort



This particular work constitutes part of vertebral research that examines the cross-correlation of differences of sentimental reactions of users illegal addictive substances with the individual stages of their withdrawal effort.

Particularly is examined the degree of stress and sentimental pressure with the use of psychometric process.

The total number participating is seventy-five users that have been included for purgation of drug-addiction in a non-residential- program.

Twenty-five members are in the stage of initial integration of - bodily detoxification, twenty-five in the stage of mental purgation of drug-addiction and twenty-five in the stage of their social rehabilitation.

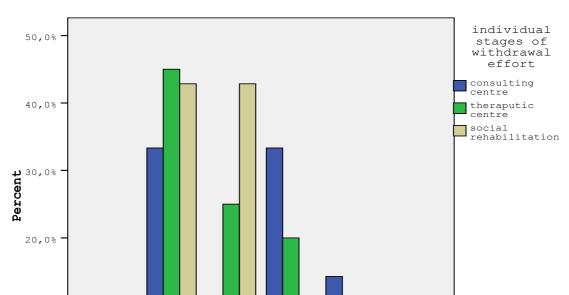
The comparison and analysis of results came out from the answers of questions - the personnel total estimate about the withdrawal effort of each member and his mental disposal.

The comparison concerned the score of the answers for each team.

The analysis showed that there is no difference to the expression of stress among the different stages of purgation of drug-addiction. The curve, which plots stress, has lightly declining movement. At first the percentages are bigger in the stage of initial integration but next there is a reduction in the stage of mental purgation of drug-addiction and in the stage of their social rehabilitation.

On the contrary the anxiety score pointed statistically important difference in the different stages of purgation of drug-addiction. Particularly the results showed a fluctuation of sentimental reactions. In the stage of initial integration the score of anxiety has high levels while in the second stage of mental purgation of drug-addiction it is noticed a decrement of the score. The pattern is different after the integration to the last stage where the percentages are increased significantly.

Deductively we can mark there are indications that the different expression of stress sentimental pressure is straightly connected with the different stages of purgation of drug-addiction



moderate

extremely severe

Γράφημα 2: Levels of stress in the individual stages of withdrawal effort

10.0%

0,0%